

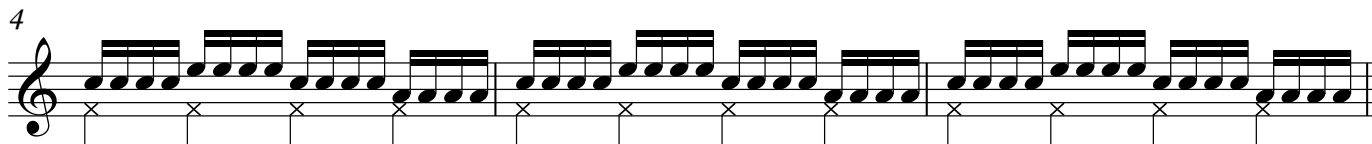
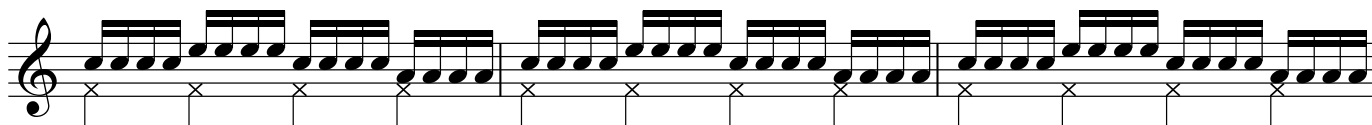
Foot Workout

Practise hands in singles, doubles + paradiddles

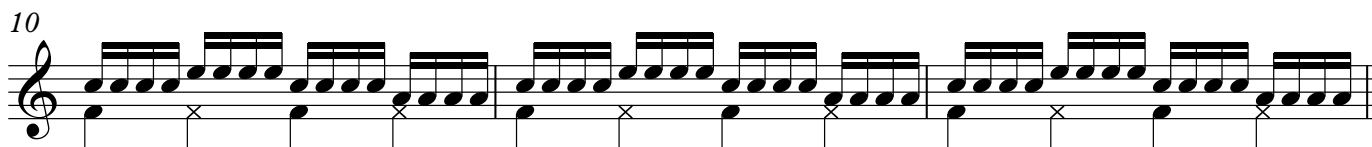
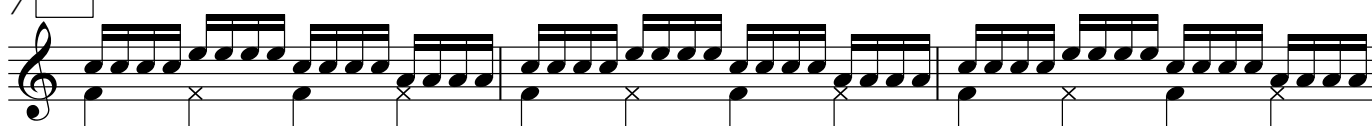
Rod Oughton

www.onlinedrumminglessons.com

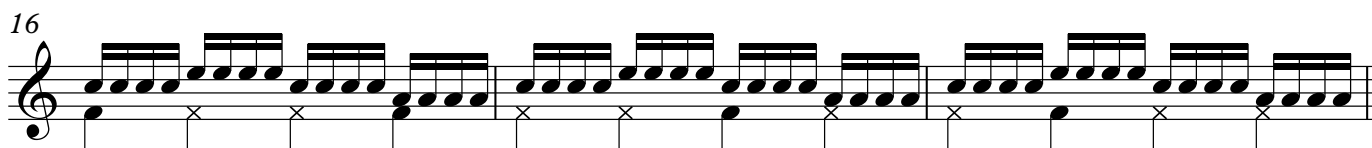
A



B



C



D

